2009 Senior Games
Powerlifting Results

BENCH PRESS

Results in Kilograms (1 Kg=2.206 Lbs)

Overall Bench Press:
Female: Melinda Henry: 120 LBS.- Male: Wesley Hendrix 330 LBS.

50-54 – Female - 57.1 Kg

1st Place (Gold) Melinda Henry – (54.4 kg) = 120 LBS.

55-59 – Female - 61Kg

1st Place (Gold) Gwen Iyobe - (43.5 Kg) = 95 LBS.

60-64 – Female - 73.8 Kg

1st Place (Gold) Sharon Ross – (34 Kg) = 75 LBS.

50-54 Male - 88.8 Kg

1st Place (Gold) Daniel Cooper – (92.93 Kg) = 205 LBS.

55-59 Male – 87.5 Kg

1st Place (Gold) Leman Rosenberg – (142.8 Kg) = 315 LBS.

55-59 Male – 94.8 Kg & 94 Kg

1st Place (Gold) Tied Edward Lundy – (136 Kg) = 300 LBS.
1st Place (Gold Tied Thomas Marrero – (136 Kg) = 300 LBS.

2009 Senior Games
Powerlifting Results

55-59 Male – 132 Kg

1st Place (Gold) Joe Breazeale – (145.1 Kg) = 320 LBS.

60-64 Male – 76.7 Kg & 78 Kg

1st Place (Gold) Dennis Trubey – (95.2 Kg) = 210 LBS.
1st Place (Silver) Larry Hollingsworth – (81.6 Kg) = 180 LBS.

60-64 Male – 111.97 Kg

1st Place (Gold) Kenneth Goulet – (102 Kg) = 225 LBS.

65-69 – Male – 91.6 Kg

1st Place (Gold) Wesley Hendrix – (149.6 Kg) = 330 LBS.

65-69 – Male – 94.8 Kg

1st Place (Gold) John Laino – (113.4 Kg) = 250 LBS.

65-69 – Male – 117.9 Kg

1st Place (Gold) James Jarboe – (124.7 Kg) = 275 LBS.

70-74 – Male – 91.2 Kg

1st Place (Gold) Louis Janowitz – (92.93 Kg) = 205 LBS.

75-79 – Male – 72.1 Kg

1st Place (Gold) Bill Tinkler – (97.5 Kg) = 215 LBS.

2009 Senior Games
Powerlifting Results

DEADLIFT

Results in Kilograms (1 Kg=2.206 Lbs)

Overall Deadlift :
Female: Melinda Henry – 185 lbs – Male – Edward Lundy – 385 LBS.

50-54 Female - 57.1 Kg

1st Place (Gold) Melinda Henry – (83.9 Kg) = 185 LBS.

55-59 Female - 61 Kg

1st Place (Gold) Gwen Iyobe – (81.6 Kg) = 180 LBS.

60-64 – Female - 73.8 Kg

1st Place (Gold) Sharon Ross – (38.6 Kg) = 85 LBS.

50-54 – Male - 88.8 Kg

1st Place (Gold) Daniel Cooper – (102 Kg) = 225 LBS.

55-59 – Male - 87.5 Kg

1st Place (Gold) Leman Rosenberg – (174.6 Kg) = 385 LBS.

55-59 – Male - 94 Kg & 94.8 Kg

1st Place (Gold) Thomas Marrero – (142.8 Kg) = 315 LBS.
1st Place (Gold) Edward Lundy – (174.6 Kg) = 385 LBS.

55-59 – Male – 132 Kg

1st Place (Gold) Joe Breazeale – (183.6 Kg) = 405 LBS.

2009 Senior Games
Powerlifting Results

DEADLIFT (Cont'd)

60-64- Male - 76 Kg & 78 Kg

1st Place (Gold)	Dennis Trubey – (102 Kg) = 225 LBS.
1st Place (Gold)	Larry Hollingsworth (93 Kg) = 205 LBS.

60-64 - Male - 111.97 Kg

1st Place (Gold)	Kenneth Goulet – (113.6 Kg) = 250 LBS.

65-69 – Male - 91.6 Kg

1st Place (Gold)	Wesley Hendrix – (165.5 Kg) = 365 LBS.

65-69 – Male - 117.8 Kg

1st Place (Gold)	James Jarboe – (140.6 Kg) = 310 LBS.

70-74 – Male - 91.2 Kg

1st Place (Gold)	Louis Janowitz – (124.7 Kg) = 275 LBS.

75-79 – Male - 72.1 Kg

1st Place (Gold)	Bill Tinkler – (145.1 Kg) = 320 LBS.