

## **2010 Senior Games** **Powerlifting Results**

### **BENCH PRESS**

Results in Kilograms (1 Kg=2.206 Lbs)

#### **50-54 – Female**

1<sup>st</sup> Place (Gold)  
2<sup>nd</sup> Place (Silver)

Melinda Henry – (302.66 kg) = 340 lbs.  
Pamela Toti – (58.11 kg) = 70 lbs.

#### **55-59 – Female**

1<sup>st</sup> Place (Gold)  
2<sup>nd</sup> Place (Silver)

Gwen Iyobe - (215.78 kg) = 255 lbs.  
Jocelyn Lowther – (153.24 kg) = 160 lbs.

#### **50-54 Male**

1<sup>st</sup> Place (Gold)  
2<sup>nd</sup> Place (Silver)  
3<sup>rd</sup> Place (Bronze)

Thomas Marrero – (506.86 kg) = 870 lbs.  
David Young – (345.07 kg) = 610  
Ed Lundy – (305.47 kg) = 545

#### **60-64 Male**

1st Place (Gold)  
2nd Place (Silver)  
3<sup>rd</sup> Place (Bronze)

Louis Yambor - (316.0 kg) = 560 lbs.  
Dennis Trubey – (251.43 kg) = 390 lbs.  
Arthur Jones (149.85 kg) = 250 lbs.

#### **70-74 – Male**

1<sup>st</sup> Place (Gold)

Robert Wotton – (211.68 kg) = 315 lbs.

## **2010 Senior Games** **Powerlifting Results**

### **75-79 – Male**

1<sup>st</sup> Place (Gold) Bill Tinkler – (385.44 kg) = 565 lbs.

### **DEADLIFT**

Results in Kilograms (1 Kg=2.206 Lbs)

### **50-54 Female**

1<sup>st</sup> Place (Gold) Melinda Henry – (427.29 kg) = 480 lbs.

2<sup>nd</sup> Place (Silver) Pamela Toti – (269.81 kg) = 325 lbs.

### **55-59 Female**

1<sup>st</sup> Place (Gold) Gwen Iyobe – (431.56 kg) = 510 lbs.

2<sup>nd</sup> Place (Silver) Jocelyn Lowther – (301.70 kg) = 315 lbs.

### **50-54 – Male**

1<sup>st</sup> Place (Gold) Ed Lundy – (602.47 kg) = 1065 lbs.

2<sup>nd</sup> Place (Silver) Thomas Marrero – (509.77 kg) = 575 lbs.

3<sup>rd</sup> Place (Bronze) David Young – (350.73 kg) = 620 lbs.

### **60-64- Male**

1<sup>st</sup> Place (Gold) Louis Yambor (685.62 kg) = 1215 lbs.

2<sup>nd</sup> Place (Silver) Dennis Trubey (525.43 kg) = 815 lbs.

3<sup>rd</sup> Place (Bronze) Arthur Jones (404.59 kg) = 675 lbs.

### **65-69 – Male**

1<sup>st</sup> Place (Gold) Robert Wotton – (470.40 kg) = 700 lbs.

**2010 Senior Games**  
**Powerlifting Results**

**DEADLIFT (Cont'd)**

**75-79 – Male**

1<sup>st</sup> Place (Gold)

Bill Tinkler – (501.41 Kg) = 735 lbs.